

# **“CLEAR CRIB” - AN ADJUNCT TO HABIT BREAKING APPLIANCE**

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**Abstract:** Orthodontic treatment aims towards treating the malocclusion by primarily eliminating the underlying etiology. Habits like tongue thrusting, thumb sucking are common etiologic factors for malocclusion. The major issue to dental practitioners treating patients of any group is compliance with habit breaking appliance. In this article we present a thermoformed “clear crib” appliance which is an adjunct to habit breaking appliance. This appliance increases patient compliance, is easy to fabricate and is cost effective.

**Key words:** Thumb sucking, Tongue thrusting, Habit breaking, habit breaking appliance, clear crib